

Booklist

Advanced Review – Uncorrected Proof

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Learning to Be Kind and Understand Differences: Empathy Skills for Kids with AD/HD.

Glasser, Judith (Author) and Kushner, Jill Menkes (Author) , Beyl, Charles (Illustrator)

Oct 2015. 96 p. Magination, hardcover, \$14.95. (9781433820434). Magination, paperback, \$12.95. (9781433820441). 618.92.

Glasser is a clinical psychologist who has extensive experience working with children with attention deficient disorders, and with their families. Her expertise in both AD/HD and age-appropriate strategies shines in this handbook, advising kids with AD/HD on relating to both their peers and the adults in their lives. Eight topical chapters carefully spell out a social protocol for children that may seem obvious to most but often eludes those with learning disorders. Glasser emphasizes the need to consider other people's feelings and points of view by defining the concept of empathy in plain terms, and situational explanations are frequently used to show readers examples of real-world scenarios. Probing questions, quick journaling assignments, and cartoon activities are offered as culminating reflection exercises at the end of each chapter. Beyl's illustrations are essential, effectively driving home the most foundational concepts, and the comic-book style of art makes this offering all the more accessible.

— *Erin Anderson*